

Denton Taekwondo Academy

Class Schedule

MONDAY

1:00–1:50 White – Black Belt Adults
4:00–4:30 Open Workout Children
4:30–5:15 White – Blue Belt Children
5:15–6:00 White – Blue Belt Children
6:10–7:00 White – Black Belt Adults
7:10–8:00 White – Black Belt Adults

TUESDAY

4:00–4:30 Open Workout Children
4:30–5:15 White – Blue Belt Children
5:15–6:00 Red – Black Belt Children
6:10–7:00 White – Black Belt Adults
7:10–8:00 White – Black Belt Adults

WEDNESDAY

1:00–1:50 White – Black Belt Adults
4:00–4:30 Open Workout Children
4:30–5:15 White – Blue Belt Children
5:15–6:00 White – Blue Belt Children
6:10–7:00 White – Black Belt Adults
7:10–8:00 White – Black Belt Adults

THURSDAY

1:00–1:50 White – Black Belt Adults
4:00–4:30 Open Workout Children
4:30–5:15 White – Blue Belt Children
5:15–6:00 Red – Black Belt Children
6:10–7:00 White – Black Belt Adults
7:10–8:00 White – Black Belt Adults

FRIDAY

4:00–4:30 Open Workout Children
4:30–5:15 White – Red Belt Children
5:15–6:00 White – Black Belt Children
6:10–7:00 White – Black Belt Adults

SATURDAY

10:00–10:50 White – Black Belt Children
11:00–11:50 White – Black Belt Adults
12:00–12:50 Saturday Seminar (TBA)

Notes

- * The Student Oath and Tenets are the guidelines that students will learn, practice, and understand throughout their training.
- * Students must attend an average of 2 classes each week to achieve their goals in taekwondo and be eligible for Promotional Testing.
- * No student will teach taekwondo to anyone outside of class.